



Sleep Apnea Questionnaire

1. Do you snore loudly? Yes No
2. Do you often feel tired or fatigued after a full night's sleep? Yes No
3. Do you suddenly wake up with a snort or gasping for breath? Yes No
4. Have you been told that you stop breathing while sleeping? Yes No
5. Do you have high blood pressure? Yes No
6. Do you toss and turn a lot in your sleep? Yes No
7. Are you more than 15 lbs overweight? Yes No
8. Do you get heartburn in the middle of the night? Yes No
9. Do you wake up with a dry mouth and throat? Yes No
10. Do you often get morning headaches? Yes No

If you chose 3 or more symptoms, you could have Sleep Apnea. Left untreated, Sleep Apnea can cause high blood pressure, memory problems, headaches, and other medical problems.

Get Sleep Apnea Relief Today!

Call Dr. Azimi at 702.759.0005